

Prayer Walking

A prayer walk is exactly what it sounds like - a walk filled with prayer. It involves walking around your neighborhood, community or specific location and praying for the people and places you see around you. You may plan to stop at specific locations or walk and see where the Spirit leads.

How beautiful on the mountain are the feet of the messenger bringing good news, breaking the news that all's well, proclaiming good times, announcing salvation, telling Zion, "Your God reigns!"

Isaiah 52:7 (The Message)

Preparing to Go

- Are there any specific things you are to pray about? People you know, relationships you have started or hope to start.
- Pick a block or neighborhood. If you are part of a large group, you may want to consider walking in several small groups throughout the location(s) you choose.
- Decide how long you will walk.
- Get dressed. The object of a prayer walk is not to draw undue attention to yourself, so it's best to leave the monk's robe and incense-box-on-a-rope at home. Wear clothing appropriate for the season and location (culture) along with comfortable walking shoes.

As You Go

- Start where you are. Don't worry about whether you do everything just right, or what other people may think of you. Have fun spending time with God talking about people.
- Walk naturally. While praying, there's no need to take on any particular posture that tells others you are praying. Simply walk and talk silently with God. Have fun, enjoy the company of the people around you.
- Open your eyes and ears. Open up your senses of sight and hearing allowing God to help guide you on the things you need to pray about. We might see things that help us better pray for others, such as seeing children's toys in a front yard might prompt us to pray for the children in the home.
- Be you. You can pray spontaneous prayers or you can memorize Bible verses or prayers written by others to pray as you go.
- Don't be a crazy person. Simply walk and pray, be in fellowship with God and the people you're with. You do not need to circle up and shout prayers or lay hands on people. These are all biblical things but in this context inappropriate.
- Be careful. This can be a powerful time but don't let the prayer-walking itself distract you from Jesus.

After You Go

- Regroup. At an agreed upon time and place.
- Share. Share your stories, encounters, experiences.
- Pray/Dismiss.

What should I pray?

As you walk on your prayer walk today, these are some suggested ideas and scripture. This isn't meant to be a checklist but instead a guide. You may find you use one or two verses, none at all or you may pray through all of them as your walk through your neighborhood or community.

1. Pray for God's will.

Lord, I ask Your Kingdom to come and Your Will to be done in this place as it is in Heaven.

Pray along these lines: *"Our Father in heaven, we honor your holy name. We ask that your kingdom will come now. May your will be done here on earth, just as it is in heaven."*

Matthew 6:9-10 (TLB)

2. Pray for God's peace on them.

Lord, I ask You to fill this place/street with Your Peace.

Whatever house you enter, first say, "Peace be to this house!" And if a son of peace is there, your peace will rest upon him. But if not, it will return to you.

Luke 10:5-6 (ESV)

3. Pray for God's revelation to them.

Lord, bind Satan's work, heal their blindness and open their eyes to Jesus.

The god of this age has blinded the minds of unbelievers, so that they cannot see the light of the gospel that displays the glory of Christ, who is the image of God.

2 Corinthians 4:4 (NIV)

I keep asking that the God of our Lord Jesus Christ, the glorious Father, may give you the Spirit of wisdom and revelation, so that you may know him better. I pray that the eyes of your heart may be enlightened in order that you may know the hope to which he has called you, the riches of his glorious inheritance in his holy people, and his incomparably great power for us who believe. That power is the same as the mighty strength.

Ephesians 1:17-19 (NIV)

4. Pray for God's blessing upon them.

Lord, please meet the needs of these people so that they will see that You are real, good, powerful and that You love them.

I'm telling you to love your enemies. Let them bring out the best in you, not the worst. When someone gives you a hard time, respond with the energies of prayer, for then you are working out of your true selves, your God-created selves. This is what God does. He gives his best—the sun to warm and the rain to nourish—to everyone, regardless: the good and bad, the nice and nasty.

Matthew 5:44-45 (The Message)



5. Pray for Crossroads.

You are the light of the world. A town built on a hill cannot be hidden. Neither do people light a lamp and put it under a bowl. Instead they put it on its stand, and it gives light to everyone in the house. In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven.

Matthew 5:14-16 (NIV)

Always be joyful. Never stop praying. Be thankful in all circumstances, for this is God's will for you who belong to Christ Jesus.

1 Thessalonians 5:16-18 (NLT)

Jesus, undeterred, went right ahead and gave his charge: "God authorized and commanded me to commission you: Go out and train everyone you meet, far and near, in this way of life, marking them by baptism in the threefold name: Father, Son, and Holy Spirit. Then instruct them in the practice of all I have commanded you. I'll be with you as you do this, day after day after day, right up to the end of the age."

Matthew 28:18-20 (The Message)

6. Pray for Christmas at Crossroads and the people who attend.

Brothers, my heart's desire and prayer to God for them is that they may be saved.

Romans 10:1 (ESV)

The Lord is not slow to fulfill his promise as some count slowness, but is patient toward you, not wishing that any should perish, but that all should reach repentance.

2 Peter 3:9 (ESV)

For the Son of Man came to seek and to save the lost.

Luke 19:10 (ESV)

And also for me, that words may be given to me in opening my mouth boldly to proclaim the mystery of the gospel, for which I am an ambassador in chains, that I may declare it boldly, as I ought to speak.

Ephesians 6:19-20 (ESV)

Then he said to his disciples, "The harvest is plentiful, but the laborers are few; therefore pray earnestly to the Lord of the harvest to send out laborers into his harvest."

Matthew 9:37-38 (ESV)

7. Pray for all people.

First of all, then, I urge that supplications, prayers, intercessions, and thanksgivings be made for all people, for kings and all who are in high positions, that we may lead a peaceful and quiet life, godly and dignified in every way. This is good, and it is pleasing in the sight of God our Savior, who desires all people to be saved and to come to the knowledge of the truth. For there is one God, and there is one mediator between God and men, the man Christ Jesus.

1 Timothy 2:1-5 (ESV)