

Grow @ Home Guide

THIS WEEK FOR KIDS

This week's Psalm is about **asking God for forgiveness when we sin.**

The Big Idea: I am forgiven because God loves me

The Bible: Psalm 32; confession and forgiveness; 1 John 1:9

At Home Activity

Give every kid a piece of paper and a pencil or a pen.

On the top of the paper write: **God, I am sorry that I** and then on the bottom of the page write **Please forgive me and help me to grow from this experience** and leave the middle of the page blank.

Have the kids write out some things they have done that were wrong. Let them know you will not be looking at their page, and that it is just between them and God.

When they are done have them destroy the piece of paper. They can rip it up and throw it in the trash, go outside and bury it, or however you guys decide to destroy it.

Small Group Guide

- What is sin?
- What does it mean to confess sin?
- Why is it important to tell God about the wrong things we've done?
- Read Psalms 32:3-5.
- What makes it hard to confess our sin?
- How do you feel knowing that God always forgives you.

